



SENIOR MOMENTS

3rd Annual Senior Picnic at Lakeview Park

Sponsored by PC Rec. Dept

August 8th

11 am to 2 pm

Picnic Lunch Served at Noon

Hamburgers Hot Dogs ~ Assorted Cold Salads
Chips and Fruit Salad



Assorted Desserts
(Provided by Friends of the Park)

Join us for an afternoon of FUN!

Entertainment by the Accordion Ladies

(Sponsored by Neidecker, LeVeck & Crosser Funeral Homes)

Top it off with an ICE CREAM SOCIAL!

(Sponsored by Neidecker, LeVeck & Crosser Funeral Homes)



Sponsored by Port Clinton City and Rec. Department
and Neidecker, LeVeck & Crosser Funeral Homes

“Feeling Good from the Outside—In!”

Home Instead Senior Care hosting

“Senior Makeover Day”

Elmore “Golden Oldies Senior Center.

Tuesday August 19th

10 am-2 pm

*There will be Make-Over Vendor Booths where
you can get information,
enter drawings and even get a new look!*

Lunch:

Reservations required

(by 10 am. on Friday Aug. 15th)

419-862-3874

Lunch \$2.50 for 60 & over (donation)

\$5.00 for under 60



Summertime Community “Lunch & Learn Series”

- 8-5 Steve Weirich—Village of Oak Harbor
Chief of Police on Senior Safety
- 8-7 April Willer—USANA - Good Nutrition,
the benefits of supplements in your diet
& Low glycemic eating
- 8-12 Joy Nason— Great Skin Care—Looking
Younger from Arbonne International
- 8-26 Darling Mensing— Eat for a Healthy
Heart—OSU Extension Office

Lunch is provided at NO Charge when you attend
one of our free programs. Call for reservations:

8180 W. St. Rt 163, Oak Harbor
419-898-2851 — 419-732-3163

“DID YOU KNOW” ~ From Paula



The three berries that are native to North America are wild blueberries, cranberries and concord grapes. In North America blueberries are harvested 6 months of the year. The harvest starts in Florida in April And finishes in September.

Summer Olympics



The games of the 29th Olympiad are here, and they'll be hosted in Beijing, China from August 8-24.

According to the Olympic Movement, “the Games have always brought people together in peace to respect universal moral principles.” The slogan of this Summers Games, *One World, One Dream*, calls upon all people to unite in that Olympic spirit.

This Summers Games, athletes will compete in 302 events in 28 sports. Among the most-watched events are Track and Field, Women’s Gymnastics, and Swimming. What’s your favorite event?



Strength Training Class

Lisa Seckler will offer a strength training class in the Conference Center on Tuesdays and Thursdays at 5:30 p.m. Cost for the class will be \$3. Please call (419) 734-3131 ext. 3363

**From the Kitchen of Winnie Chasteen
GINGER ALE SALAD**



- 1 PKG LIME JELLO 3 OZ
- 1 CUP BOILING WATER
- 1 CUP GINGER ALE
- 1/2 CUP GREEN CHERRIES
- 1/2 CUP RED CHERRIES
- 1/2 CUP GRATED CANNED PINEAPPLE
- 1/2 CUP CHOPPED NUTS

1. In a mixing bowl, dissolve the gelatin in boiling water
2. cool and add the ginger ale
3. Chill until it begins to gel and then add the fruit and nuts. Mold and chill.

**Monthly 60 + Clinics
Available at 7 different locations**

Services provided by;
Heritage Health Care Services
If you would like to schedule an appointment Call: 800-811-0320

Lawn Care Discounts for Seniors

Senior Resources has an informational brochure available. The brochure includes companies and individuals willing to offer our area Senior Citizens services at reasonable prices and/or discounts for lawn care, weed removal, mulching, and assistance with gutter cleaning. Call Senior Resources if you would like to receive the brochure. 419-898-6459.



Elmore Golden Oldies



Genoa Senior Center



How does the time go by so fast, we are already half way through the year. I just want to thank everyone for helping out while I am on vacation, (much needed rest, you all wore me out) to much party' in around here. I am going to go and visit my mom in Melbourne Florida where it is really hot. Hopefully I will come back and not be totally baked.

When I get back we will start on what is next on the agenda. For Elmore there will be the making gifts for the Santa's Secret Workshop. Genoa will be our Bake Sale and Card Party. For the Activities Committee, it will be Sauder Village and the Barn Dance. I hope you all are rested and ready to go by then. It is going to be a great second half of the year. If you would like to join in on any of the activities, just give Janie or I a call at one of the sites.

Elmore Golden Oldies **419-862-3874**
Tammy L. Reichert Senior Site Manager

Genoa Senior Center **419-855-4491**
Janie Betka Senior Site Assistant



**September 22-25th
Monday-Thursday**

Pigeon Forge, Tennessee

Your tour includes motorcoach transportation,
3 nights lodging at the MainStay Suites
in Pigeon Forge, luggage handling,
3 breakfasts, 2 dinners,
1 dinner show at The Dixie Stampede,
1 show at The Country Tonite Theater,
1 show at the Comedy Barn Theater and
1 show at The Smith Family Theater.
A 3-hour tour of the Great Smoky Mountains
is also included!

The price for this tour per person is as follows,
including all taxes and gratuities:
Single-\$544.00 Double-\$429.00
Triple \$394.00 Quad \$374.00

Call Jennifer to make your reservations!

Oak Harbor —(419) 898-3011
Genoa —(419) 855-4010
Port Clinton —(419) 732-3121



This Month's Riddle from Paula
You Throw away the outside and
cook the inside. Then you eat the
outside and throw away the inside.

What did you eat?

Answer located in the calendar events

Danbury Senior Center
419-798-4101

August brings many things to the Danbury Senior Center. We now have a Wii game system and our seniors are having fun learning to bowl. Future plans are to hold a bowling tournament once everyone learns the remote. August 9th from 1-5 pm we are having a BINGO game open to anyone who wants to join in the fun. Admission is \$1.00 at the door, and cards are 10 cents each, with all money being paid out in prizes per game. We will play 20 games total.

August 19th a Special Guest
will be here at 10 am,
TV 13 Weatherman



JAY BERCSHBACH will be here to visit.
Please join us for this special visit. Check our calendar for more activities & scheduled speakers.

P.S. Thank You to those who donated prizes to our Bingo game at the fair.



Keep Cool.....

Paula and Shirley



August



IMPORTANT –CHANGES

**ADVISORY & ACTIVITIES
MEETINGS
& NUTRITION MEETING!!**

Meetings will be held
EVERY OTHER MONTH.
Next Meeting Day
is **WEDNESDAY, September 10th**
at the Ottawa County Resource Centre.

Activity Meeting at 10:30 am
Advisory Meeting at 1 pm
NUTRITION MEETING 3 PM
(note time change)

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• **Please RSVP for any or all** •
• **the meetings** •
• **to Senior Resources:** •
• **877-898-6459** •
• We will be happy to make your •
• lunch reservation •
• for the Oak Harbor Senior Center •
• for that day too! •
• (meeting place could change and •
• we would like to know who to •
• contact with meeting place change). •
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Put-in-Bay Senior Center News

Put-in-Bay to host Ottawa County Seniors for the day

Join us on Sept. 3 to explore the island of PIB. We plan to use golf carts this year and have a scavenger hunt. You will learn a lot about the island and see new sights and hideaways. We plan to give you more time to shop and enjoy the island on your own. Transportation, golf carts, and lunch is included in the price which is still pending. Watch for the sign up sheet and price at your Centers.

Cedar Point Trip We are going to the Point on Aug. 19. There will be a lot of walking but get those walking shoes out and join us for a fun filled day. We will meet at the Center at 9 a.m. and take the 9:30 boat. That should give us most of the day for exploring the park, riding the rides, seeing the shows, and of course, eating. You just have to contribute for the cost of the gas and the boat transport for the van. You pay for your admission and other expenses. RSVP at the Center.

Port Clinton & Oak Harbor—*I have just completed my August calendar and I am afraid that it will be my last. I have taken on a full time position with Otterbein North Shore and will be leaving my job with Senior Resources at the end of July.*

This move will be bittersweet, in that I will be working full time as I always wanted to, but I will also be leaving the Oak Harbor and Port Clinton senior centers.

My job at the senior centers has been very rewarding. I would like to think that it has meant just as much to all of you as it has to me. I hope to keep in contact through the many functions that we have in Ottawa county. Just remember- "BEHAVE". I want to wish all of you HEALTH, HAPPINESS and HARMONY. God Bless.

Mary Jane



From the Desk of the Executive Coordinator...

I cannot believe we are into August already, my how the time flies when you are having fun!! And oh the fun we have had. July started out with a real bang as our seniors across the county were very involved in their own communities 4th of July festivities. Elmore Golden Oldies helped their village celebrate the Red White and Boom the weekend before the 4th.

The Port Clinton Senior Center gave the community the best treat on a hot 4th of July day-ICE CREAM! The PC Senior Center, along with Community Markets & Crosser Funeral Home, co-sponsored the Fourth of July Ice Cream Social as part of the 4th of July festivities in Port Clinton. The seniors manned and dished out over 25 gallons of ice cream with choice of toppings from chocolate and caramel sauce to sprinkles and of course, a cherry on top! The seniors were given the opportunity by the 4th of July committee and the city of Port Clinton to use this event as a fundraiser for their center. The event brought in \$395.00 dollars in donations which the senior center chose to donate the money back to the city for next year's 4th of July celebration! The Port Clinton Seniors attended the city council meeting to present the money to the city! Congratulations Port Clinton Senior Center and Seniors for your tireless efforts and for giving back to your community! I am sure the citizens of Port Clinton are glad you are a part of their community!! As most of you are aware, the Senior Resources Department is usually so busy; we can't keep up with all of you! However, we cannot forget the efforts of our staff, who work hard to keep the senior centers running smoothly and provide comfort to those who cannot get out to the senior center. One of our own, Mary Jane Happel-Meadows has worked tirelessly to continue to provide our seniors both at the Port Clinton and Oak Harbor Senior Centers and the home-bound, Home Delivered Meals consumers with the support and compassion they need to remain as independent as possible. Mary Jane has resigned from her position with us at Senior Resources effective July 25th. Mary Jane will be greatly missed! In her resignation letter Mary Jane stated...."I have enjoyed working with Senior Resources for past two and ½ years. It has truly been a great and rewarding experience.....I know it is going to be difficult to leave the seniors at both sites...hopefully, I will be able to keep active in Ottawa County and the many functions that take place." Mary Jane, thank you for all you have done to keep two centers going while also keeping our home bound seniors in mind, completing assessments and just making sure everyone was getting the best they could get! We hope you will stay in touch as you move into your new adventure! We wish you the best of luck! - Dianne



8180 West State Route 163
Oak Harbor, Ohio 43449

Phone: 877-898-6459
or 419-898-6459

**HELPING SENIORS
MAINTAIN THEIR
INDEPENDENCE**



*Check It Out! Updated Weekly.
New Information, Menus,
& Senior Center Calendars
are all Online!*

www.co.ottawa.oh.us/ocseniorresources

Calendar of Events

If you have more 'Events' to share, please contact Kim @ 419-898-6459

Aug 8th

Senior Picnic at Lakeview Park

Aug 19th

Senior Makeover Day at Elmore

Sept. 3rd

Put in Bay Trip

October

Old Fashion Barn Party

Nov. 12

Fall Senior Day at Camp Perry



Port Clinton Seniors sponsored the 4th of July Ice Cream Social for the community



Paula's Riddle Answer:
Corn on the Cob