



SENIOR MOMENTS

Senior Day at the Ottawa County Fair

Wednesday, July 16, 2008

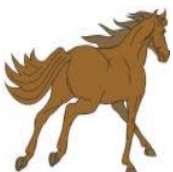
White Barn—B3



FREE -ADMISSION TO THE FAIR
FREE - LUNCH FOR THOSE 60 AND OVER
FREE - ENTERTAINMENT ACTIVITIES
FREE - HEALTH SCREENINGS

Transportation to and from the parking lot!

- 10:30 - 11:30 am** Senior Bingo (prizes)
- 9 am to 1 pm** Blood Pressure/Blood Sugar Testing
- Noon** Box Lunch
(age 60 & up/first come, first served)
- 1 to 3 pm** Cards - Pinochle, Euchre (cash prizes)
- 1:30 pm** Corn Hole Tournament
(get a partner and have some fun!)
- 3 & 5 pm** Crimson Lights Performing
- 6:30 pm to dark** Chainsaw Carving Demonstrations
- 8 pm** Pat Dailey Concert
(extra charge program at the racetrack)



Enjoy a day at the Ottawa County Fair!

Sponsored by: Ottawa County Senior Resources; Magruder Hospital;
OSU Extension; Ottawa County Fair Board; Woodmore Nat'l Honor Society

Energy Efficiency Program Wednesday, July 9th at 2 pm

Are you an Energy Saver?
Learn tips to lower your energy costs
from Amy Carles for the Ohio Consumer's Council
And Enjoy Some Ice Cream!

Riverview HealthCare Campus Multi-Purpose Room
(Oak Harbor Senior Center)

Please RSVP to Bobbijo Meek Or Kim Geldien
419-898-2851 or 419-732-3163



**SENIOR FARMER'S MARKET
NUTRITION PROGRAM**

Applications are still available at the Senior Centers & Senior Resources.

Please contact:
Ottawa County Senior Resources
for more information at 877-898-6459.

**Danbury Senior Center
419-798-4101**

Happy 4th of July. We hope everyone has a wonderful time with family and friends. Check our calendar for time of events, games and presentations of speakers.

Now for some Trivia Fun

1. There are seven words in the English language that contain all the vowels. One of these words is something everyone wants and one is something nobody wants. Can you name them?
2. What is a firefly's favorite song?

Answers to trivia on back of the newsletter

Cheers to the
RED, WHITE & BLUE!



Paula and Shirley

**From the Kitchen of Winnie Chasteen
FRIED ICE CREAM**

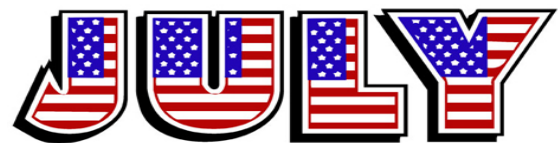
- 1 cup vanilla ice cream
- 1/4 cup heavy whipping cream divided
- 1/4 teaspoon vanilla extract, divided
- 3/4 cup crushed frosted cornflakes
- 1/4 teaspoon ground cinnamon
- Oil for deep-fat frying
- Whipped Cream



Using a 1/2 cup ice cream scoop, form two scoops of ice cream. Cover and freeze for 1 hour or until firm. In a small bowl, whisk 2 tablespoons cream and 1/8 teaspoon vanilla. In a shallow bowl, combine cornflakes and cinnamon. Dip scoops into cream mixture; roll in cornflakes. Set aside remaining cornflakes. Cover and freeze for 1 hour or until firm.

In a small bowl, whisk together the remaining cream and vanilla. Dip scoops into cream mixture. Cover and freeze for 1 hour or until firm.

In an electric skillet or deep-fat fryer, heat oil to 375. Fry each ice cream ball for 12-15 seconds or until golden. Drain on paper towels. Serve immediately with the whipped cream. Yields 2 servings.



Senior Day at the Ball Park

"Take Me Out to the Ballgame"

Monday, July 28, 2008 Game Time: Noon

Price Includes:

Coach Air-Conditioned Roundtrip Bus Service from 2 Pick Up Points:

Danbury Senior Center-10:00am

Oak Harbor Senior Center -10:30am

Mudhens Ticket to Game with a guaranteed seat in the shade!

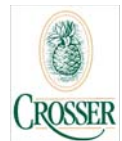
All American Boxed Lunch: Hot Dog, Chips & Soda

Ice Cream Treat at Mellowcreme! - Provided by the Funeral Home.

We only have 50 tickets so sign up today!!

Call Michelle Waldron @ 419.732.3141 or 419.898.4455

Sponsored by:



**COST:
\$24.50**

*Join Us!! July 23-24th ~ Wednesday-Thursday
The Grand Victoria Casino in Rising Sun, Indiana*

Your tour includes motorcoach transportation, 1 night lodging, 1 dinner, 1 breakfast, and all applicable taxes. The price for this tour per person is as follows:

Single-\$114.00 Double-\$84.00 Triple-\$74.00

walkerfuneralhomes.com

Oak Harbor —(419) 898-3011

Genoa —(419) 855-4010

Port Clinton —(419) 732-3121



Elmore Golden Oldies & Genoa Senior Center

We have had a chance to experience the west end of the county with our picnics, parties and memorable fashion show. We are getting tuckered out. There has been plenty to do at all the centers, hopefully everyone has enjoyed themselves. The weather has cooperated for all of the events. We are looking forward to the next outing, The Ottawa County Fair!



If you wish to catch a ride with OCTA for the Ottawa County Senior Day at the Fair, please call ahead to either Elmore or Genoa Senior centers and we will make the arrangements.

Please call before the 11th of July.

To make your reservations for lunch call:

Elmore Golden Oldies 419-862-3874
Tammy L. Reichert ~ Senior Site Manager

Genoa Senior Center 419-855-4491
Janie Betka ~ Senior Site Assistant

Put-in-Bay Senior Center 419-285-5301

**Welcome our new employees
to PIB Senior Center:
Mella Davies & Candace Pucci.**

We are having a lot of fun with pillow creations from Elaine and Carole. Elaine's daughter Donna came down to show all of us how to make them. Everyone is making "Jazzy Pillows". We will work on them all summer. Paula from Danbury Senior Center has requested the pattern.



Have a safe holiday!

Sue Duff - Site Manager
Site Assistants:
Mella Davies
Candace Pucci



IMPORTANT –CHANGES

ADVISORY & ACTIVITIES MEETINGS

Meetings will be held
EVERY OTHER MONTH.
Next Meeting Day
is **WEDNESDAY, JULY 2ND**
at the Ottawa County Resource Centre.
Activity Meeting at 10:30 am
Advisory Meeting at 1 pm
(note time change)

Port Clinton Senior Center

4th of July Ice Cream Social



*On the Lawn of Trinity Methodist Church

*Adams Street, Downtown Port Clinton

*Friday, July 4th

3 pm—4th of July Parade



3:30 - 5:30 pm—Old Fashion Ice Cream Social

4 pm - Community Band at the Adams St. Gazebo

Fireworks beginning at dusk at Water Works Park



Lawn Care Discounts for Seniors

Senior Resources has an informational brochure available. The brochure includes companies and individuals willing to offer our area Senior Citizens services at reasonable prices and/or discounts for lawn care, weed removal, mulching, and assistance with gutter cleaning. Call Senior Resources if you would like to receive the brochure. 419-898-6459.

Monthly 60 + Clinics

Available at 7 different locations

Heritage Health Care Services, Inc

If you would like to schedule an appointment

Call: 800-811-0320

Ottawa County Senior Resources Drug Repository Program

Call Ottawa County Senior Resources for more information

877-898-6459

How you can Protect yourself and your family from E.coli

Wash your hands often, especially after using the, before and after eating or preparing food and after touching animals; use alcohol-based hand sanitizer if soap and water aren't available. Cook ground beef to 160° F. Test the meat by putting a food thermometer in the thickest part of the meat. Wash the thermometer after each use. Don't eat ground beef that is pink in the middle. If a restaurant serves you an undercooked hamburger, send it back for more cooking. Ask for a new bun and a clean plate, too.

Don't spread bacteria in your kitchen. Keep raw meat away from other foods. Wash your hands, cutting board, counter, dishes and silverware with hot soapy water after they touch raw meat, spinach, greens or sprouts. Never put cooked hamburgers or meat on the plate they were on before cooking. Drink water from safe sources such as municipal water that has been treated with chlorine, wells that have been tested or bottled water. **Wash all fruits and vegetables prior to eating them.** Do not swallow lake or pool water while swimming.

From the Desk of the Executive Coordinator...

Once again we had another busy month in June with our friends across the County. Oak Harbor started the month off with their 'In Your Own Backyard' showcasing the many talents of the Oak Harbor community. The event included a special fashion show with some of our 'leading ladies of the Harbor Lights Senior Center. The day also featured the entertainment of Marie & Jerry Wittman and Accordion Player Mary Windisch. Of course, no 'Backyard' event is complete without the comfort of dessert. Robinson Walker Funeral Homes stepped up to the plate, delivering ice cream sandwiches to all who attended.

Elmore "Golden Oldies" Senior Center also hosted their own event with a 'Party in the Park,' held at the Elmore Historical Society Barn in the park at Elmore. Seniors were treated to the sounds of Dave Ninke, the magic of Michael Smith, after lunch music by the Packer Creek Brass Quintet and some comedy relief with Bill Steinmeltz. The day ended with a round of Bingo at the Elmore Fire Department Hall. A special thanks also goes to the folks from Heritage Healthcare, Inc and Home Instead who have certainly put the word HELP in helper as they do it all; set-up, serve and clean-up. Thanks for all you do! And of course, we have to have some dessert; it is a Senior Event you know!! Crosser Funeral Homes sponsored an "old fashioned" strawberry shortcake and helped us with the serving of the meals. Thanks to everyone for making our day so special.

Ottawa County Seniors can do it all; As they were able to provide TWO events on the same day and still live to talk about it. On Tues June 17th, in addition to the Elmore 'Party in the Park', Fifty Seniors from Ottawa County joined Michelle Waldron of Crosser Funeral Homes and our own Paula Shenkal, Danbury Site Manager on a trip to the Mud Hens' Fifth Third Field for there annual senior day game. A fun time was had by all, especially that final trip to the Mellow Crème in Millbury.

Are we done yet? Sorry, no.... there is more to report. Senior Resources also supported the Riverview Healthcare Campus as they presented a June Wedding Extravaganza: "Wedding Memories." The day included a style show of wedding and bridesmaid dresses, sharing of photos from our weddings, and two couples from Riverview renewed their vows. Of course we also had the throwing of the bouquet and garter, and wedding cake donated by Robinson Walker Funeral Home. We even had birdseed and the wedding march!! Congratulations to the 'renew' couples! And still more... Finally, we celebrated a family picnic with the ladies and gentleman of DayBreak, our adult day program run by Riverview Health Care Campus. Family members and DayBreak participants were treated to a traditional picnic lunch of hamburgers, hotdogs, baked beans and much more. After lunch, the families engaged in some picnic games including corn hole and ladder ball. As one family member stated, "This is really great! Thanks!!"

May everyone continue to have a great Summer. And don't forget to check the events calendar for more events. The Summer is not over, YET!

Dianne



Port Clinton Seniors spent an afternoon Tie Dying their Support our Senior T-shirts. The seniors & staff were reliving their Woodstock Years! They look really "Groovy"! The shirts were given to the men at the center for Father's Day.





8180 West State Route 163

Phone: 877-898-6459

or 419-898-6459

Fax: 419-898-3252

**HELPING SENIORS
MAINTAIN THEIR
INDEPENDENCE**



**Check It Out! Updated Weekly.
New Information, Menus,
& Senior Center Calendars
are all Online!**

www.co.ottawa.oh.us/ocseniorresources

Calendar of Events

If you have more 'Events' to share, please contact Kim @ 419-898-6459

July 8-12—Ohio Chautauqua

July 16

Senior Day at the OC Fair

July 28

Senior Day with the Mud Hens

Aug 8.

Senior Picnic at Lakeview Park

Aug 19

Senior Makeover Day at Elmore

Sept.

Put-in-Bay Trip—Date TBA

October

Old Fashion Barn Party

Nov. 12

Fall Senior Day at Camp Perry



Paula's Trivia Answers:

1. education-pneumonia
2. This Little Light of Mine

Mark Your Calendar!


"Feeling Good from the Outside—In!"

 Home Instead Senior Care hosting
"Senior Makeover Day"

Elmore "Golden Oldies Senior Center.

Tuesday August 19th

10 am-2 pm

 There will be Make Over Vendor Booths
where you can get information, enter
drawings and even get a new look!

Lunch:

Reservations required—(by 10 am. on Friday
Aug. 15th)

419-862-3874

Lunch \$2.50 for 60 & over (donation)

\$5.00 for under 60