



# SENIOR MOMENTS

## Ottawa County Honors Senior Hall of Fame Recipients

The 2008 Ottawa County Senior Hall of Fame Awards were presented to the awardees during the Spring Senior Day celebration at Camp Perry on Wednesday, May 14th. Our six recipients received a plaque commemorating their service to their communities and Seniors of Ottawa County.

The recipients for this year's award include:

*Patricia Munn - Danbury Senior Center*

*Mary Deno - Elmore Golden Oldies Senior Center*

*Vance Champion -Genoa Senior Center*

*Beverly Goldstein - Oak Harbor 'Harbor Lights' Senior Center*

*William and Roselyn (Bill and Rose) Smith - Port Clinton Senior Center*

*Justine (Judy) Bianchi - Put-in-Bay Senior Center*

### CONGRATULATIONS!

### Elmore Golden Oldies "Party in the Park"

Walter Ory Park

11 am to 3 pm

Lunch served at Noon

Reservations need to be made by June 10th

Call: 419-862-3874



Menu Includes:

Cheeseburger

Potato Salad

Baked Beans & Fruit

Strawberry Shortcake Dessert Provided by  
Crosser Funeral Homes, Inc

Featuring: A Day of Entertainment

Music by Dave Ninke

Magician Michael Smith

Comedian Bill Steinmeltz

Bingo: 1:45 pm at Harris-Elmore

Fire Hall

50/50 Drawing at 2 pm

Don't forget to bring your lawn chair!

### Oak Harbor "Harbor Lights" Senior Center

Presents

"In Your Own Backyard"

**ON THE PORTAGE RIVER**

**Monday, June 9, 2008**

Featuring:

11:00 AM: A "Harbor Lights" Fashion Show  
w/ Jerry Wittman

Noon: Lunch Includes: Pork Tenderloin  
Basil and Parmesan Bows with Sugar Snap Peas,  
Venetian Blend Vegetables, Fresh Baby Carrots  
Whole Wheat Bread, Mixed Berries  
Coffee and Lemonade

12:30 PM: Sing-a-Long with Mary Windisch



"Ice Cream & Cookies with Jennifer Waldron"  
Sponsored by Robinson Walker Funeral Homes

1:30 PM: 50/50 Raffle Drawing

**2:00PM – God Bless America with Chuck Lenke**

Stay around and enjoy a game of Cards or  
Dominos from 2:00-4:00 PM

**CALL YOUR RESERVATION TO OAK HARBOR  
SENIOR CENTER – 419-898-2800**



**SENIOR FARMER'S MARKET  
NUTRITION PROGRAM**

If you participated in the program last year, you will receive an application in the mail by the end of April. If you did not participate in the SFMNP last year, applications are available at the Senior Centers & Senior Resources.

Please contact Ottawa County Senior Resources for more information at 877-898-6459.

**From the Kitchen of Winnie Chasteen  
APRICOT SUNBURST BREAD**

- \* 1 pkg Pillsbury Hot roll mix (yeast packet included)
- \* 1/2 cup finely chopped dried apricots
- \* 1/4 cup unsalted sunflower nuts
- \* 1/4 cup water
- \* 1/2 cup orange juice
- \* 2 tbs margarine or butter softened
- \* 1 egg
- \* GLAZE
- \* 1 cup powdered sugar
- \* 3 to 4 tsp orange juice
- \* sunflower seeds, if desired



Grease large cookie sheet. In large bowl, combine yeast from foil packet, apricots and 1/4 cup sunflower nuts with flour mixture; blend well. In small saucepan, heat water and 1/2 cup orange juice until very warm (110 to 120 degrees). Stir in warm liquid, margarine and egg until dough pulls away from sides of bowl. Turn dough onto lightly floured surface. With greased or floured hands, shape dough into a ball. Knead dough for 5 minutes until smooth. Cover dough with large bowl; let rest 5 minutes.

Shape dough into round loaf. Place on prepared cookie sheet; cover loosely with plastic wrap and cloth towel. Let rise 25 to 30 minutes on wire rack set over large pan to which hot water has been added. Heat oven to 375 degrees. Uncover dough. Bake 30 to 35 minutes or until loaf is golden brown. Remove from cookie sheet; cool 10 minutes on wire rack. In small bowl, combine powdered sugar and enough orange juice for desired drizzling consistency; blend until smooth. Drizzle over loaf. Sprinkle with sunflower seeds. Makes 1 loaf

Danbury Senior Center 419-798-4101

I hope everyone had a great day at Camp Perry. I've heard how good the food was and the entertainment. I give out a "Thatta Girls Award to Dianne & the whole Senior Resource Staff.

Our normal scheduled events

Every Monday

10:30 Blood Pressure Checks

Dominos at 10 am

Every Thursday Bingo at 12:30

Don't forget to call ahead for lunch reservations:

419-798-4101.

Wishing for more sunshine

Paula & Shirley



**Put-in-Bay Senior Center**

**419-285-5501**

Congratulations to Justine (Judy) Bianchi who received the Senior Hall of Fame Award for PIB from the County.

Instead of having a lunch, we had a Mother/Daughter Dinner. Carol Craigs brought back some good recipes from Florida that we all cooked up. The decorations, program, and arrangements were beautiful. Charlie Craigs did a nice salute to motherhood and everyone wants another one next year. Maybe we'll honor fathers and sons next year too.

Watch the flyers for special events of the month. We have the van ready to go. Just RSVP as soon as possible to attend the various functions.



**FATHER'S DAY**

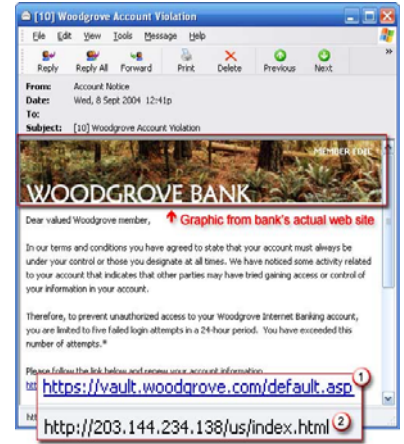
The 60+ Clinic will be here on June 26. Make sure that you make your appointment.

Happy Father's Day

Sue Duff—Site Manager

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Phishing is a type of deception designed to steal your valuable personal data, such as credit card numbers, passwords, account data, or other information. Con artists might send millions of fraudulent e-mail messages that appear to come from Web sites you trust, like your bank or credit card company, and request that you provide personal information. What does a phishing scam look like? As scam artists become more sophisticated, so do their phishing e-mail messages and pop-up windows. They often include official-looking logos from real organizations and other identifying information taken directly from legitimate Web sites. **(PHISHING—like, Fishing).** This is an example of what a phishing scam e-mail message might look like. Example of a phishing e-mail message, which includes a deceptive URL address that links to a scam Web site. To make these phishing e-mail messages look even more legitimate, the scam artists may place a link in them that appears to go to the legitimate Web site (1), but it actually takes you to a phony scam site (2) or possibly a pop-up window that looks exactly like the official site. These copycat sites are also called "spoofed" Web sites. Once you're at one of these spoofed sites, you might unwittingly send personal information to the con artists. **How do you handle suspicious emails. DELETE IT!** Always type addresses directly into your browser or use your personal bookmarks. Don't click on links in the suspicious email. If you have any questions, call your bank or the company in question.



**Email Rumors and Hoaxes**

Rumors and hoax messages is still the most common means used to spread false information. Every day we're bombarded with e-mail of dubious origin and even more dubious veracity: messages that plead with us to find a missing kid or help a sick child, sign a petition to right some terrible injustice, take a stand on an important piece of pending legislation, forward a message to claim free merchandise, or take heed of the latest computer virus. The messages that aren't outright hoaxes are often full of misinformation, and even the ones that have some truth to them are usually out-of-date by the time we receive them.

Even though the email comes from a reliable source you should first check it out for yourself before forwarding the email.

My favorite website to use is [www.Snopes.com](http://www.Snopes.com). A couple other good websites are [www.hoax-slayer.com](http://www.hoax-slayer.com) and [www.symantec.com](http://www.symantec.com).



**IMPORTANT –CHANGES**

**ADVISORY & ACTIVITIES MEETINGS**

**No meetings in June!**

Meetings will be held **EVERY OTHER MONTH.**

Next Meeting Day is **WEDNESDAY, JULY 2ND** at the Ottawa County Resource Centre.

**Activity Meeting at 10:30 am**  
**Advisory Meeting at 1 pm**  
(note time change)

Magruder will host a Blood Drive in the Conference Center on **Monday July 7<sup>th</sup> from 11am to 5pm.** Appointments can be made by calling Angela Woodel at 419-734-3131 ext. 3471

**ALZHEIMER'S SUPPORT GROUP**

The Alzheimer's Association offers two support groups in Ottawa County. One group meets on the 3rd Thursday each month at Riverview at 7pm. The other meets on the 2nd Monday each month at 9am in the Magruder Conference Center. For more information call 419-734-3131 ext. 3363.

## OTTAWA COUNTY SENIORS TAKE THEIR FIRST COUNTY “FIELD TRIP”



While we don't often take a 'field trip' once we leave the halls of our elementary or middle school, some seniors citizens from Ottawa County did just that on Thursday May 1 as they kicked off Ottawa County Senior Resources' summer activities and use of their own OC Vans!! Eleven Seniors from the Senior Centers of Elmore and Genoa ventured out on two vans for a 'Field Trip' to the Ottawa County Courthouse where seniors were treated to a visit at the command center for 911 and the county jail. Sgt. Jim Lucus, 911 Dispatcher with the Ottawa County Sheriff's Department, gave the seniors the grand tour of the 911 Command center while Ottawa County Sheriff Bratton gave the

seniors an up close and personal look at the operations of the county jail. Many of the seniors have never seen these services and features of our county.

The Seniors topped off the day with a stop at Drown's Dairy Plaza in Oak Harbor where they were treated to free ice cream cone compliments of Robinson Walker Funeral Homes. Everyone enjoyed the trip and looks forward to their next 'field trip.' The seniors that attended the trip include Gary Hahn, Joe Bellner, Linda Lobdell, Joyce Lusk, Gerri Slates, Mary Lou Karl, Pauline Lamale, Ann Johnson, Myron Lohr, Winnie Chasteen, & Audrey Jack.

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### *From the Desk of the Executive Coordinator.....*

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Can you believe it is June? It seems hard to believe that we will officially be celebrating Summer in a couple of weeks. And while the time has flown, Senior Resources and our Senior Centers have been just as busy.

May is officially Older Americans Month and we help to start the month off with our first official field trip to the courthouse using our newly acquired vans. Fun was surely had by all. On the 14<sup>th</sup> we celebrated Spring on the Lake Erie shore at Camp Perry where we also honored our Senior Hall of Fame winners. Genoa kept things rolling with their 2<sup>nd</sup> annual All American Senior Day celebrated on the 23<sup>rd</sup> and Riverview Health Care Campus partnered with Senior Resources to celebrate National Senior Health and Fitness Day with our own 'Ottawa County Senior Health and Wellness Day'. What a great month! And what a great way to salute the accomplishments of our Ottawa County Seniors!!

May is also a month when we honor those individuals that have helped to make this great country a great place to live and work. And I believe no one worked harder to promote that goal than Mr. Robert "Bob" Armbruster. We honor Bob today as we did during our Senior Hall of Fame Award presentations at Senior Day with recognition for the his unselfish giving to his community, his family and to Senior Resources. Bob always lent a hand and a tireless work ethic to every aspect, from inception and growth, of Ottawa County Senior Resources. While we will miss his organization and drive, or just seeing his smiling face, he will never be forgotten. Bob certainly helped to make my initiation into senior services a positive one, as I am sure he did for many others. We honor Mr. Robert Armbruster with the 2008 Senior Hall of Fame Award. Thanks for all you did to make Senior Resources happen! *Dianne*




**“Wedding Memories”**

**Hosted by**  
**Riverview HealthCare Campus**  
 8180 West State Route 163, Oak Harbor  
 Wednesday, June 18th  
 10 am to 1 pm

**Come and Reminisce with Us...  
 Enjoy Wedding Cake and Punch  
 Renew Your Vows!**

Seating is limited. Please call for  
 Reservations: Kimberly Geldien  
 419-898-2851

## BBB SENIOR ALERT

## Spring Con Men Are Here! Beware!!

We have already received a report that an elderly man paid over \$25,000 for a new roof for his home. Now the man he paid is gone. All the senior has is a name (probably not real) and a cell phone number (now disconnected) that originated in North Carolina. With so little information, there is nothing the police or our BBB can do to help.

**Every year** there are con men that knock on seniors' doors. **Every year** we issue warnings about dealing with these people. **Every year** seniors hire them and get scammed by them.

If someone comes to your home and offers to do odd jobs or large jobs (trim trees, paint house, seal the driveway, fix the chimney or roof), our BBB suggests the following:

1. For small jobs, agree on a price before the work starts. Only pay for the finished work after it meets with your approval.
2. On larger jobs, have the company write out their bid. This would include their name, address, phone number, work to be done, price and warranty.
3. Get other company estimates for the work you want done. **The door-to-door guys are notorious for charging outlandish amounts.**
4. Get company references and check the references. Are previous customers satisfied with their work?
5. Does the company carry Workers Compensation or medical and liability insurance? Keep in mind - if someone uninsured gets hurt working on your property, you could be held liable.

**Then check out the company with our BBB at 419-531-3116 or toll free at 1-800-743-4222**

Better Business Bureau Foundation Serving NW OH and SE MI, Inc.. Faye E. Wenzlick, Director Smart

### Lawn Care Discounts for Seniors

Senior Resources developed an informational brochure. The brochure includes companies and individuals willing to offer our area Senior Citizens services at reasonable prices and/or discounts for lawn care, weed removal, mulching, and assistance with gutter cleaning. Call Senior Resources if you would like to receive the brochure. 419-898-6459.

### Monthly 60 + Clinics

Available at 7 different locations

*Heritage Health Care Services, Inc*

If you would like to schedule an appointment

Call: 800-811-0320

## Ottawa County Senior Resources Drug Repository Program

Call Ottawa County Senior Resources for more information

877-898-6459



Port Clinton Senior Center

419-734-1481

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Oak Harbor Senior Center

419-898-2800

After a month full of entertainment outside of our centers, OH & PC will be enjoying a month of our own entertaining. Please check the calendar and find out the different events that we are planning. OH will be having "IN THEIR OWN BACKYARD" which will consist of the many talents in and around Oak Harbor.

Both sites will be having

Mary Woods from Southern Care with a delightful musical that is sure to be enjoyable. Hopefully warmer weather will finally arrive and more people will be able to get out and about and enjoy the beautiful month of June. See all of you soon..



## Happy Father's Day




8180 West State Route 163

Phone: 877-898-6459

or 419-898-6459

Fax: 419-898-3252

HELPING SENIORS  
MAINTAIN THEIR  
INDEPENDENCE



**Check It Out! Updated Weekly.  
New Information, Menus,  
& Senior Center Calendars  
are all Online!**

[www.co.ottawa.oh.us/ocseniorresources](http://www.co.ottawa.oh.us/ocseniorresources)

*Calendar of Events*

If you have more 'Events' to share, please contact Kim @ 419-898-6459

- June 9 Oak Harbor "Harbor Lights "in Your Own Backyard"
- June 17 Elmore Golden Oldies' "Party in the Park" Celebration
- June 17 Senior Day with the Mud Hens
- June 18 Riverview "Wedding Memories"
- July 16 Senior Day at the OC Fair
- July 28 Senior Day with the Mud Hens
- Aug 8. Senior Picnic at Lakeview Park
- Aug 19 Senior Makeover Day at Elmore
- Sept. Put-in-Bay Trip—Date TBA
- October Old Fashion Barn Party
- Nov. 12 Fall Senior Day at Camp Perry

Mark Your Calendar!

**"Feeling Good from the Outside—In!"**  
Home Instead Senior Care hosting  
**"Senior Makeover Day"**

**Elmore "Golden Oldies Senior Center.**  
**Tuesday August 19<sup>th</sup>**  
**10 am-2 pm**

*There will be Make Over Vendor Booths  
where you can get information, enter  
drawings and even get a new look!*

Lunch:  
Reservations required—(by 10 am. on Friday Aug. 15<sup>th</sup>)  
**419-862-3874**

Lunch \$2.50 for 60 & over (donation)  
\$5.00 for under 60