



SENIOR MOMENTS

Spring on the Lake Erie Shores

Ottawa County's Spring Senior Day Wednesday, May 14 At Camp Perry

10:00 AM Check-In ~ Visit all the Vendors

DOORS WILL NOT OPEN UNTIL 10:00AM

10:30 AM ~ "Touch Of Class" ~ (Port Clinton High School Choir)

11:00 AM ~Senior Hall of Fame Award Presentations



Door Prizes

Noon ~ Lunch



Succulent Roast Beef

Orange Carrots ~ Mashed Potatoes & Gravy

Mixed Berries ~ Whole Wheat Bread ~ Poke (Jello) Cake

*2nd Annual ~ All American Senior Day
"In Your Own Backyard"*

Hosted by Genoa Senior Center

Friday, May 23rd, 2008

All American Cheeseburger

Potato Salad ~ Baked Beans ~ Fruit

Ice Cream @ the Gazebo

Sponsored by Robinson/Walker Funeral Home

Lunch served at 11:30 at Genoa Fire Hall

Please make reservations

by 10:30 AM on May 19th, 2008

Donation \$2.50 ~ 60 and over.

Cost ~ \$5.00 for 60 and under.

Please make your reservation by calling

419-855-4491 Or 419-898-6459

Demonstrations by local businesses:

Packer Creek Pottery ~ The Ivy Vine

Genoa Custom Interiors

Antique Furniture Repair and Finish

Our Lady of Lourdes Grotto tour



Senior Health & Wellness Fair

Hosted by

**Riverview HealthCare Campus
& Senior Resources**

8180 West State Route 163, Oak Harbor

Wednesday, May 28th

9 am to 2 pm

Schedule of Events

- 9-10 am Check out the Vendors
- 10 am American Cancer Society Presentation
- 11 am Concept Rehab Presentation
- Noon Lunch
- 12:45 pm Ribbon Cutting Ceremony at the Walking Track
- 1 pm Door Prizes at the Rehab Clinic
- 2 pm More Vendor Information

For more information, please call: Kimberly Geldien at 419-898-2851

MAGRUDER HOSPITAL

The Kiwanis Screening is Saturday May 10th from 6:30 am to 11:30 am in the Magruder Conference Center. For \$35 participants will receive a blood analysis that screens for anemia, bone disease, diabetes, gout, heart disease, kidney disease and liver disease. Appointments are required by calling 419-734-3131 ext. 3505.

The VIP Club is having a cookout and potluck at East Harbor on Tuesday May 20th from 11 am to 2 pm. Call 419-732-0208 for more information.

On May 22nd Crosser Funeral Homes and Stein Hospice will offer a Grief Support group in the Magruder Conference Center. For more information call (419) 732-3141.



SENIOR FARMER'S MARKET NUTRITION PROGRAM

If you participated in the program last year, you will receive an application in the mail by the end of April. If you did not participate in the SFMNP last year, applications are available at the Senior Centers & Senior Resources.

Please contact Ottawa County Senior Resources for more information at 877-898-6459.

Seniors Day at the Ball Park is June 17th

Area funeral homes and the Ottawa County Senior Resource center are again offering a seniors day at the ball park. The third annual outing: *"Take Me Out to the Ball Game"* will take place at noon, Tuesday, June 17 at the Toledo Mudhens Baseball Game. The opportunity is open to seniors ages 55 and older. The funeral homes include Neidecker, LeVeck & Crosser Funeral Homes of Port Clinton and Marblehead & Crosser Funeral Homes of Oak Harbor and Elmore. For details contact Michelle at (419) 898-4455 or (419) 732-3141.



PORT CLINTON CINCO DE MAYO 2008 ~ Little Fiesta & Car Show

Saturday, May 3, 2008

Ida Rupp Library, 310 Madison St., Port Clinton ~ Opening Ceremony 10:30 am.

PCHS Touch of Class ~ Mariachi Joya De Mexico (10:30 A.M. 1:30 P.M.)

PCHS DECA CRUIZE IN CAR SHOW (11:30 a.m. 3:30 p.m.)

Low riders, Hoop Ts, Muscle Cars, & Classics

DJ ~ Play It Again Sam

Home Made Flour Tortillas (12:30 demo) ~ Jalapeno Eating Contest (1:30 p.m.)

Pinata (2:00 p.m.) ~ Mexican Bingo (2:30 p.m.)

Hosted by, PC SECA/CINCO DE MAYO 2008,

IDA RUPP PUBLIC LIBRARY, Walker Family Funeral Homes

& Magruder Hospital with special thanks to Main Street PC

For further information call: 419 732 2617



From the Kitchen of Winnie Chasteen

SCALLOPED SALMON AND NOODLES

Serves up to 10, cut recipe in half for fewer servings

- 1 pkg noodles, 6 oz
- 1/3 cup butter
- 1/3 cup flour
- 3 cups milk
- 1 tsp salt
- 1/4 ts pepper
- 4 eggs
- 1 can pink or red salmon
- 1 cup bread crumbs



1. Heat the oven to 375
2. Cook the noodles in boiling salted water until tender, drain
3. Make a white sauce of butter, flour, milk and seasonings.
4. Beat the eggs slightly and add to the sauce.
5. Divide the salmon in small pieces and add to the egg sauce.
6. Alternate the salmon mixture in layers with the noodles in a buttered baking dish. Cover the top with buttered crumbs.
7. Bake for 25-30 minutes or until heated through and the crumbs are brown.

From the Desk of the Executive Coordinator.....

Spring is here and Senior Resources is on the move with many new and exciting happenings! As you can see, we have changed the face of our newsletter, hopefully giving all of you the information you need to enjoy life to the fullest, while getting the services you deserve. Checkout the calendar of events for the most up-to-date listing of senior events in our county. In addition each senior center calendar offers an array of activities to choose from.



And while our newsletter received a well-deserved makeover, Senior Resources will be taking on a new look as well. As many of you are aware, Senior Resources has made it home at Riverview Health-Care Campus for the last couple of years. Innovations Services, the preparer of our meals is also utilizing space in the kitchen and basement to prepare and package our Senior Site and Home Delivered meals. Thanks to the MRDD Board, the Commissioners and County Administrators, we are looking to move our kitchen facilities and Senior Resource Offices to the Old MRDD Building, which is located right next to the Riverview HealthCare Campus. The move will hopefully take place by early May for the kitchen and end of May for the Senior Resources Offices.

While we look forward to moving into our own space, we appreciate all that Riverview has done to help Senior Resources progress. The Oak Harbor 'Harbor Lights' will be staying at Riverview as the program has worked well for all involved. Keep your eyes open to more happenings. Remember that life does not end as we get older, it has only just begun!!

Dianne

**Ottawa County Senior Resources
Drug Repository Program
Call Ottawa County Senior Resources
for more information: 877-898-6459**



BUCKS FOR BOOMS

The Port Clinton Area 4th of July Committee has partnered with four area quick serve restaurants to help fund the Independence Day Celebration. On May 4th and June 4th. When a customer visits either ARBY'S on S. E. Catawba Road, McDonald's on Perry Street, McDonald's on N.E. Catawba Road or Wendy's on Perry St. & purchase either a Regular Roast Beef Sandwich, Big Mac or Baconator a \$1.00 donation will be made by the respective restaurant to the Port Clinton Area 4th of July Celebration. The Port Clinton Seniors have joined this committee and will participate in the event this year by chairing the Ice Cream Social on the 4th of July. Rumor has it that we may see Bill Smith in a poodle skirt during the Ice Cream Social! The Ice Cream Social will be held at Trinity Church on Adams St. starting at 3:30 pm where the 4th of July parade will end at the Gazebo and where the Community Band will perform following the parade.

**NUTRITION MEETING
WEDNESDAY, MAY 28TH
MEETING PLACE CHANGED TO
SENIOR RESOURCES.
LOCATED AT RIVERVIEW
HEALTHCARE
10:00 AM**

***Mother's Day Tea
Sunday, May 11th ~ 3 to 4 pm
Speaker Marcia Jess from OSU
Extension Office
on "Grandma's Yellow Pie Plate"
Riverview Health Care Campus
8180 West State Route 163, Oak Harbor
Reservations required
please call Kimberly Geldien
419-898-2851***

Lawn Care Discounts for Seniors

Senior Resources is in the process of developing an informational brochure. The brochure will include companies and/or individuals willing to offer our area Senior Citizens services at reasonable prices and/or discounts for lawn care, weed removal, mulching, and assistance with gutter cleaning. The brochure should be ready for distribution in early May.

Put-in-Bay Senior Center

419-285-5501



We plan to have a lunch this month to honor our mothers. Let us know what your mother used to cook for you that you liked and we will plan to serve it. This special event is planned for May 22. Join us for Senior Day, "All American Day" in Genoa, and Health and Fitness Day at Riverview. We will have the Senior Van going to all these events. Join us at the Crew's Nest for lunch on May 29 at noon. This summer we will be trying out many restaurants on the island for lunches once a month. The 60+ Clinic will be here on May 29.

Sue Duff—Site Manager

Oak Harbor

419-898-2800

Port Clinton

419-734-1481

Port Clinton & Oak Harbor Seniors are busy planning the summer of 08. Looks to be an exciting one. May will find the entire county jumping with fun in the sun. Be sure to make your reservations for Riverview Healthcare Campus Senior Health and Wellness Fair on May 28th. Oak Harbor Senior Center will be hosting lunch for that event!

Mary Jane Happel-Meadows - Site Manager

Mary Rose Lazenby—Site Assistant

**Elmore Senior Center**

419-862-5501



The trees are budding and my apricot tree is getting ready to bloom, along with the tulips and hyacinths, what a beautiful site. We are just about set for our "Party in the Park" hopefully everyone will join us in the festivities, don't forget to mark June 17th, and bring your lawn chair. It is going to be a nice entertaining day, We will play bingo too.

Tammy L. Reichert-Site Manager

Janie Betka-Site Assistant

Genoa Senior Center

419-855-4491

I think we are ready for May 23rd, , for our "2nd Annual In Your Own Backyard" . We have something special in store, for our finale, I am excited to have all of you see it. There is so much planned for rest of the year, everyone should find something that interest them. Don't forget to call for your reservation, 419-855-4491.

Tammy L. Reichert-Site Manager

Janie Betka-Site Assistant

**Danbury Senior Center**

419-798-4101

Our calendar at Danbury is packed full of fun games, interesting educational programs and health screening clinics. Please call the center at 419-798-4101 a day prior to the lunch meal you wish to attend.

May is Physical Fitness and Sport Month. I'm sure most will be out getting their flower beds and garden ready the the season, so there's your physical activity, and for sports, of course its TRIBE TIME!

Paula Shenkel, Site Manager ~

Shirley Pryor, Site Assistant



Ohio's New Homestead Exemption Still Available

For more information and/or to receive a Homestead application call:

Senior Resources — 419-898-6459 Or Any Senior Center

Ottawa County Auditors Office — 419-734-6740



8180 West State Route 163

Phone: 877-898-6459
or 419-898-6459
Fax: 419-898-3252

**HELPING SENIORS
MAINTAIN THEIR
INDEPENDENCE**



**Check It Out! Updated Weekly.
New Information, Menus,
& Senior Center Calendars
are all Online!**

www.co.ottawa.oh.us/ocseniorresources

Calendar of Events If you have more 'Events' to share, please contact Kim @ 419-898-6459

- May 14 Spring Senior Day at Camp Perry ~ Hall of Fame Awards
- May 23 2nd Annual All American Senior Day—Genoa
- May 28 Senior Health & Fitness Day at Riverview Healthcare Campus
- June 9 Oak Harbor Harbor Lights "in Your Own Backyard"
- June 17 Elmore Golden Oldies' "Party in the Park" Celebration
- June 17 Senior Day with the Mud Hens
- July 16 Senior Day at the OC Fair
- July 28 Senior Day with the Mud Hens
- Aug 8. Senior Picnic at Lakeview Park
- Sept. Put-in-Bay Trip—Date TBA
- October Old Fashion Barn Party
- Nov. 12 Fall Senior Day at Camp Perry



**on the Lake
Erie Shores**

**Spring Senior Day at Camp Perry
Wednesday, May 14th
Tickets Available at all Senior
Centers, Magruder Hospital
& Senior Resources**
