



SENIOR MOMENTS

2009 Senior Advisory Board Committee

Port Clinton

Eric Martin, Chair
William Smith
Roselyn Smith
Pat Holly

Oak Harbor

Phyllis Garn
Joanne Hockin
Grace Albert
Beverly Goldstein

Marblehead

Pat Munn
Betty Briggs
Helen Wolf
M. Emmett Duffy

Elmore

Winnie Chasteen
Catherine Briggie

Genoa

Nelda Gladden
Phyllis Emch
Norma Schuster
Joyce Lusk

Lacarne

Joyce Doust

Put-in-Bay

Bob Ramsbottom
Mary Lou



FEBRUARY IS:
Friendship Month (International) - Celebrate Random Acts of Kindness Week (Feb. 9-15).
Pride in Food Service Week (Feb.2-9) Thank you to Randi, John, Heather & Ed for their hard work on our meals for the senior centers and home delivered meals.



AARP/TaxAide Schedule for Ottawa County 2009

Danbury Senior Center
February 24 and March 10
9 am to 3 pm
419-798-4101



Genoa Senior Center
March 16
9 am to 4 pm
419-855-4491

Port Clinton Senior Center
Wednesdays February 4th
to April 8th
419-734-1481

Elmore Senior Center
March 24
9 am to 3 pm
419-862-3874

Appointments are taken at the sites;

Also available at, Ida Rupp Library - Port Clinton
Thursdays and Fridays from February 5th through April 10th- Call 419-732-3212

Elmore Golden Oldies and Genoa Senior Centers

Elmore Golden Oldies-419-862-3874

Genoa Senior Center-419-855-4491

Hopefully the bitter cold temperatures are behind us as we enter February. If you need to get your taxes done we have AARP coming to Genoa on March 16th and to Elmore on March 24th. You will need to call the center make an appt. Please call the center of your choice to get yourself scheduled in for tax aide.

We are wishing everyone a Happy Valentines Day. We would like to thank you for helping out at the centers, while I was gone, makes my absence easier.

Check out the calendar and make you reservations for lunch, we hope to see you soon.



Elmore Golden Oldies 419-862-3874

Genoa Senior Center 419-855-4491

Tammy L. Reichert-Senior Site Manager

Janie Betka-Senior Site Assistant

Mary Hahn-Senior Site Contingency



Mixed-Up Groundhog Day

Unscramble the following letters to reveal words that are associated with Groundhogs Day.

- 1 HILP _____
- 2 SNNIVAPAEYLN _____
- 3 MELNACDAS YDA _____
- 4 HORDUONGG _____
- 5 PTENUWYAXUNS _____
- 6 DOASHW _____
- 7 TEHREAW _____
- 8 GENDEL _____
- 9 TWIRNE _____
10. BRURAYFE _____
11. GRSNIP _____
12. ANTPCOROGORTIS _____
13. BLEGOBRS NBOK _____
14. CIDTNOIPRE _____



A Special Valentine



To you,

From Tammy

Special people are on my mind
Each year on Valentine's Day,
The exceptional ones
who mean to me.

More than I can say.

I respect you and admire you,
And I just want you to know
You've made a difference in
my life,

And I want to tell you so.



Anonymous

Answers located on back page in the calendar of event section



Oak Harbor Senior Center

419-898-2800

Oak Harbor Senior Center is having a 50/50 raffle to raise funds for the Senior levy and activities for the Oak Harbor Center. First prize will be \$300, second \$100, and 2 - \$50 prizes will be drawn. See a member of the Oak Harbor Senior Center for tickets-6 for \$5 or \$1 each.



Port Clinton Senior Center

419-734-1481



Port Clinton has new carpet! Thanks to the County Commissioners for approving the additional funds to get the carpeting. Both Port Clinton and Oak Harbor Senior Centers are having Valentine's Day parties. Ceinwin Price from Home Instead will be attending to celebrate with us. Both centers are looking forward to nicer weather and warm weather activities soon!

Lisa Ervin ~ Site Manager

Mary Lazenby~ Assistant

Danbury Senior Center

419-798-4101

BURRR... it has been chilly outside. We would like everyone to please take precautions when venturing outdoors to protect your face & hands from the chilly wind.

This year we have some of our Senior Resource staff turning the big "50". (no, Kim is not one of them!!)

This month we want to wish Lisa, the site Manager from Port Clinton/Oak Harbor Senior Centers a very nice Happy "50th" Birthday...gotcha! Remember to check those TV stations for center closings and check out the calendar for our daily activities. Stay safe when you are out driving in this wintry weather and keep warm by dressing accordingly.



Paula & Shirley

Put-in-Bay Senior Center

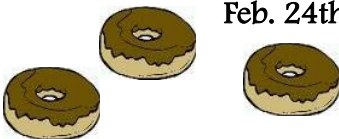
419-285-5501

The news of the month is the Chili and Pie Cook Off. It will be held at the PIB Senior Center on Feb. 13th (tentatively) from 4 to 7 p.m. We ask folks in the community from ages 12 to 112 to make their best chili recipe and/or pie. We will judge Put-in-Bay's best chili and pie. The winner of the Senior Division of the Chili Cook-Off will go on to the Ottawa County Chili Cook-Off in the fall.



Candy's exercise program is going wild. Some days there isn't enough room in the pool for Candy. Many people are taking advantage of this opportunity to get into great shape just like Candy.

We will be making German Doughnuts for the Fastnacht Party. Feb. 23rd we will make the dough and Feb. 24th we'll fry the doughnuts and make sure they taste just right.



Next month - Watch for our Walleye Fry.



Heart Health Month

February is Heart Health Month & Magruder is planning some special events.

We will have a display in the café all month with goodies, information and recipes.

Anyone wearing red prominently on Wear Red Day, Friday February 6th, to the café can enter their name in a gift basket drawing.

On Tuesday February 17th Magruder will offer free Blood Pressure checks from 9am to 3pm in the café and anyone who participates will have their name entered into a gift basket drawing.



Magruder Auxiliary Events

Auxiliary Book Fair in the Main Lobby March 13th 7am to 3pm

A Day For Me, our free women's health day, will be held on Sunday March 29th. Registration begins at 12:30pm. To RSVP leave your name and phone number after February 16th at 419-734-3131 ext. 3505. The theme this year is "Add Years To Your Life, And Life To Your Years" and we will have 4 break-out sessions to choose from as well as a keynote speaker.

February

Did you know.....



Senior Resources has tennis balls available to you at no charge for the bottom of walkers. Just give us a call if you are in need of tennis balls for your walker. 419-898-6459

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ADVISORY & ACTIVITIES MEETINGS

Next Meeting Day is
WEDNESDAY, MARCH 4th
OTTAWA COUNTY SENIOR RESOURCES OFFICE
 (LOCATED NEXT TO RIVERVIEW HEALTHCARE CAMPUS)
 8200 WEST ST. ROUTE 163
 OAK HARBOR

Activity Meeting at 10:00 am
 Advisory Meeting at 1:00 pm

NUTRITION MEETING 3:00 pm

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Ottawa County 60 + Clinics

Available at 7 different locations

Services provided by:
Heritage Health Care Services

If you would like to schedule an appointment
Call: 800-811-0320



HOME CARE SERVICES

Senior Resources partners with the Area Office on Aging of Northwest Ohio to provide the OPTIONS for Independence Program. The OPTIONS program is available to anyone age 60 years of age or older who is living in a home setting and needs assistance in order to remain safely at home. Call Elaine at 419-898-4269 or 1-888-676-4667 for more information.



Paula's Thoughts—The best way to cheer yourself up is to try to cheer somebody else up- "Mark Twain"



8200 West State Route 163
Oak Harbor, Ohio 43449

Phone: 877-898-6459
or 419-898-6459

**HELPING SENIORS
MAINTAIN THEIR
INDEPENDENCE**



**Check It Out! Updated Weekly.
New Information, Menus,
& Senior Center Calendars
are all Online!**

www.co.ottawa.oh.us/ocseniorresources

Senior Events 2009

Mixed-Up Groundhogs Day

Solution

- 1 PHIL
- 2 PENNSYLVANIA
- 3 CANDLEMAS DAY
- 4 GROUNDHOG
- 5 PUNXSUTAWNEY
- 6 SHADOW
- 7 WEATHER
- 8 LEGEND
- 9 WINTER
- 10 FEBRUARY
- 11 SPRING
- 12 PROGNOSTICATOR
- 13 GOBBLERS KNOB
- 14 PREDICTION

March 15 - Luck of the Irish Game Day

April 19- 2nd Annual Spring into Happiness Dance
(Sponsored by Walker Family Funeral Homes)

May 13 - Senior Day @ Camp Perry

June - Mud Hens game

July 22 - Senior Day @ Ottawa County Fair

August 7th- Senior Picnic -

(Sponsored by City of Port Clinton * Crosser Funeral Homes)

September - 4th Annual Day @ the Bay - PIB

September 26- Chili Cook-off/Barn Dance

November 18 - Senior Day @ Camp Perry

**December - Senior Resources Open House
& Senior Resource Fair**