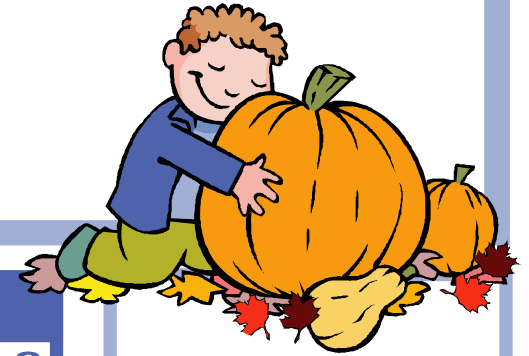




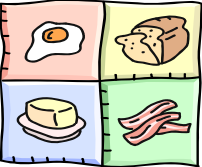





# November 2009

## Elmore Senior Center



Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Hope everyone remembered to change their clocks "Fall Back"</i></p> <p><b>2</b></p>	<p>60+ Clinic Samantha Diffenbacher Heritage Health</p> <p><b>3</b></p>	<p>Activity Mtg. 10 AM Advisory Mtg. 1 PM</p> <p><b>4</b></p>	<p><i>Kendra German Singing Patriotic Riverview Health Care Campus</i></p> <p><b>5</b></p>	 <p><b>6</b></p>
 <p><b>9</b></p>	<p><i>Stage Door Canteen @ Camp Perry 10-2</i> SITE CLOSED</p> <p><b>10</b></p>	<p>SITE CLOSED</p> <p><b>11</b></p> 	<p><i>Fall Risk Screening Progressive Therapy Alternatives "Zumba" Wendy Reiff</i></p> <p><b>12</b></p>	 <p><b>13</b></p>
 <p><b>16</b></p>	<p><i>Dar Mensing Nutrition</i></p> <p><b>17</b></p>	<p><b>18</b></p> 	<p>10:30 Site Council</p> <p><b>19</b></p> <p>Santa's Workshop</p>	 <p><b>20</b></p>
 <p><b>23</b></p>	<p>BP and Blood Sugars <b>Bingo</b></p> <p><b>24</b></p>	<p><b>25</b></p>	<p><i>Site Closed Happy Thanksgiving</i></p> <p><b>26</b></p>	<p>All Sites Closed Have A Wonderful Weekend</p> <p><b>27</b></p>
<p><a href="mailto:elmoreseniors@co.ottawa.oh.us">elmoreseniors@co.ottawa.oh.us</a> Elmore Senior Center 19225 W. Witty Road Elmore, OH 43416 419-862-3874</p>				

Site Manager  
Tammy L. Reichert

Lunch is served at  
12:00 Noon –  
Tuesday & Thursday

Suggested Donation  
is \$2.50 – 60 years of  
age and older.  
\$5.00 for those  
under the age of 60.

Call by 10 am the  
day prior to your  
reservation.

