



JAN 2010

Danbury Senior Center
EVENING MEALS

FEB 2010

Tuesday		Tuesday
5 Spaghetti & Meatballs Tossed Salad with Tomatoes Garlic Bread Peaches ~ Milk- Chocolate Cream Pie	ALL EVENING MEALS INCLUDE MILK 	2 Oven Parmesan Chicken Baked Yams Broccoli Au Gratin Cheesy Biscuits Pineapple Pumpkin pie-~ Milk
12 Meatloaf Parsley White Potatoes Peas -Dinner Roll Fruited Jello Salad—Milk Chocolate Chip Cookies	Happy New Year 	9 Stuffed Peppers Mashed Potatoes Beets - Dinner Roll Mandarin Oranges - Milk Cream Jelly Roll
19 Ham (-ALT-Beef Patty) Baked Yams Italian Green Beans – Dinner Roll Mandarin Oranges~ Milk Apple Pie		16 BBQ Ribs Mashed Potatoes Carrots - Biscuits Applesauce Cookies - Milk
25 Chili with Crackers Turkey and Cheese Sandwich with Lettuce & Tomatoes 3 bean salad Ambrosia Salad Cupcakes - Milk	SUGAR FREE DESSERT IS AVAILABLE. PLEASE INQUIRE TO PAULA IF YOU PREFER SUGAR FREE.	23 Beef Pepper Steak- Over Rice Tossed Salad with Tomatoes Apple - Milk Wheat Bread Banana Cream Pie