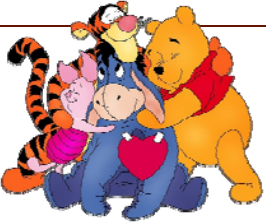

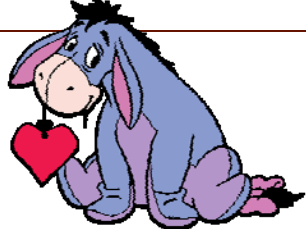



February 2019

To access ingredient content, call Senior Resources at 419-898-6459
 REHEATING MEALS: If the tray is still sealed, puncture a hole in section to vent. Heat for 1.5 to 2 minutes. Depending on your appliances power level.

Mon	Tue	Wed	Thu	Fri
	<p>HAPPY <i>Valentine's Day</i></p> 			<p>1 Chicken Noodle Casserole Lima Beans Betty Salad Pineapple</p>
<p>4 Roasted Pork Baked Potato/Sour Cream Brussels Sprouts Banana Wheat Roll</p>	<p>5 Three Cheese Macaroni & Cheese with Ham Alt: No Ham Stewed Tomatoes Italian Green Beans Tropical Fruit- Wheat Bread</p>	<p>6 Chicken Fajitas Brown Rice Seasoned Black Beans Salsa/Tortilla Chips Fruit Cocktail - Sour Cream</p>	<p>7 Beef Stew over Biscuit Cucumber & Tomato Salad Mandarin Oranges</p>	<p>8 Meatball Stromboli Tossed Salad Pea Salad Fruited Gelatin</p>
<p>11 Stuffed Pepper Mashed Potatoes w/Gravy Creamed Corn Peaches White Roll</p>	<p>12 Chicken Tenders/Honey Mustard Vegetable Soup Potato Wedges Orange Wedges Wheat Roll</p>	<p>13 Boiled Dinner Ham with Cabbage, Carrots & Potatoes Alt: Roasted Turkey Pineapple & Oranges Wheat Roll</p>	<p>14 Soft Beef Tacos Lettuce/Tomatoes/Cheese Salsa/Tortilla Chips Pineapple Sour Cream</p>	<p>15 Chicken & Veggies Over Biscuit Caribbean Blend Veggies Ambrosia Salad</p>
<p>18 Senior Centers Closed No Home Delivered Meals</p> 	<p>19 Mandarin Pork Roast w/Mandarin Sauce Potato Medley Broccoli Pears—Wheat Roll</p>	<p>20 Ham & Swiss Sandwich Alt: Turkey & Swiss Cream of Cauliflower Soup Potato Salad Grapes</p>	<p>21 Oven Fried Chicken Mashed Potatoes w/Gravy Creamed Corn Fruit Cocktail White Roll</p>	<p>22 Braised Boneless Short Rib Baked Potato/Sour Cream California Blend Banana - Wheat Roll <i>Danbury & HDM Bday Treat</i></p>
<p>25 Honey Mustard Chicken Onion Roasted Potatoes Corn O'Brien Pineapple Wheat Roll</p>	<p>26 Glazed Ham Alt: Baked Chicken Au gratin Potatoes Butter Beans Fruit Medley—White Roll</p>	<p>27 Salisbury Steak w/Gravy Company Potatoes Broccoli Apricots Wheat Roll <i>Oak Harbor & Genoa Bday</i></p>	<p>28 Veal Parmesan Over Spaghetti Noodles Italian Green Beans Corn Salad Orange Wedges - Garlic Toast <i>Elmore & Port Clinton Bday</i></p>	