

Ottawa County Commissioners'
Group Health Program - Premium Year 2021
Wellness Physical Exam

In order to qualify for the Group Health Program premium discount beginning January 1, 2021, employees/spouses are required to have a Wellness Physical Exam (in calendar year 2020) with their primary care physician by November 13, 2020 as well as participating in the blood screening. This year's Wellness Physical may be a "Virtual Visit"**.

Employee/Spouse: Please ask your primary care physician to use the wellness or routine preventive codes for billing purposes in order for exams to be covered at 100% with no co-pay or deductible.

Employee/Spouse Name _____

Date of Exam _____

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"I hereby certify that the above patient has had an annual preventive/wellness exam and has completed, or has been advised to complete, the following age and gender appropriate preventive screenings: PSA, Mammogram, Pap Smear, Ob-gyn exam, and Colonoscopy

Physician Signature _____ Date _____

****PLEASE SUBMIT to Louise Kurtz in person or scan and email to lkurtz@co.ottawa.oh.us
Please contact us at 419-734-6710 for questions regarding the preventive health visit.**

***If you choose to have this form signed by your physician in lieu of providing a copy of your explanation of benefits you will not be reimbursed for the cost (if any) of having your physician sign this form.

**Virtual Visit an explanation of benefits will be an acceptable form of proof that you had your annual physical.